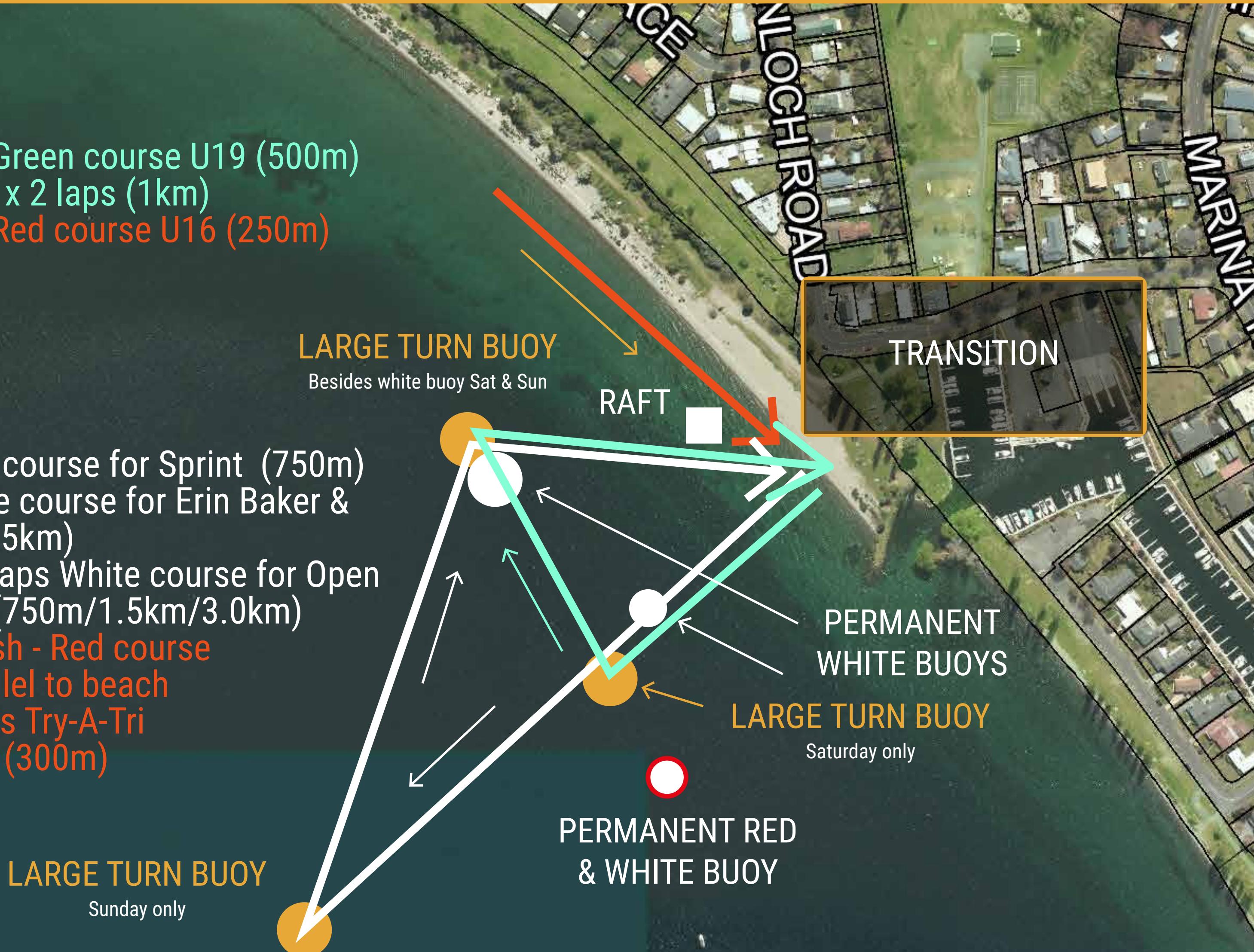


2026 KINLOCH TRI - SWIM COURSES

Saturday
Aquathlon - Green course U19 (500m)
& Age Group x 2 laps (1km)
Aquathlon - Red course U16 (250m)

Sunday
1x lap White course for Sprint (750m)
2x laps White course for Erin Baker &
AquaBike (1.5km)
1x, 2x or 4x laps White course for Open
water swim (750m/1.5km/3.0km)
Splash & Dash - Red course
(100m) parallel to beach
U16 Tri Series Try-A-Tri
- Red course (300m)



SEVEN OAKS

2026 KINLOCH TRI - BIKE COURSES

Standard Distance and Aquabike

$4 \times 10\text{km} = 40\text{km}$

- Red course

Sprint $2 \times 10\text{km} = 20\text{km}$

- Red course

SEVEN OAKS

TOP OF HILL

SEVEN OAKS DRIVE

MONTGOMERY

OKAIA

LISLAND

LISLAND

Youth & Try-A-Tri Events
($2 \times 5\text{km} = 10\text{km}$)
- Yellow course

TRANSITION

2026 KINLOCH TRI - RUN COURSES

Erin Baker Standard & Aquabike - $4 \times 2.5\text{km} = 10\text{km}$
Sprint Races - $2 \times 2.5\text{km} = 5\text{km}$
Youth & Try-A-Tri - $1 \times 2.5\text{km} = 2.5\text{km}$

Kinloch
Golf Course

**BIKE COURSE
SEE OTHER MAPS**

WATER STOP

ON GRASS

GRAVEL TRACK

Aquathlon Saturday
(all on grass) - U16 & U19 $2 \times$
1.25km laps = 2.5km
Age Group $4 \times 1.25\text{km laps}$
= 5km

Splash & Dash = 1 x 1km lap
(All on Grass)

SWIM COURSES SEE OTHER MAPS

2.5KM RUN LAP

EVENT PARKING

Kinloch
Domain

**REGISTRATION SATURDAY. IN
TRANSITION AREA ON SUNDAY.**

WATER STOP

SHOPS

TRANSITION

**ACCESS ROUTE
TO PARKING**

SEVEN OAKS

2026 TRANSITION, REGISTRATION & PARKING

