



Kinloch Triathlon Festival 2025 Competitor Briefing Notes

Thank you for entering the Seven Oaks Kinloch Triathlon Festival 2025,

Please ensure that you have read all the details below and on the Tri Sport Taupo website regarding your specific race. If you have any questions please let us know

Website: <https://trisporttaupo.co.nz/events/kinloch-triathlon-2025/>

Email: events@trisporttaupo.co.nz

Kinloch Triathlon Festival 15-16th Feb. 2025 Race Schedule

Compulsory briefing at swim start	First Wave	Event	Bib Colour	Bib No.		Distance
Saturday 15th Feb.						
3:15	3:30	National Aquathlon U16	Orange	3200	3399	250/2.5
3:15	4:00	National Aquathlon U19	Pink	3400	3599	500/2.5
3:15	4:30	National Aquathlon Champs Age Group	Brown	3000	3199	1.0/5.0
3:15	4:30	National Aquathlon Champs ELITE	Khaki	2000	2099	1.0/5.0
Sunday 16th Feb.						
7:45	8:00	Kinloch Standard Race - Erin Baker	Light Blue	300	499	1.5/40/10
7:45	8:00	Teams Standard	Violet	Team name		1.5/40/10
7:45	8:00	National Aquabike (Qualiier)	Dark Green	4000	4299	1.5/40
8:45	9:00	Open Water Swim	Nil	1000	1199	750 , 1.5, 3.0
10:05	10:20	Kinloch Sprint Race	Mustard	1	300	750/20/5
10:05	10:20	Teams Sprint	Black	Team name		750/20/5
11:25	11:40	Youth Tri (8-16yrs)	Teal	600	699	300/10/2.5
11:25	11:50	Try-A-Tri	Red	500	599	300/10/2.5
11:55	12:10	Splash & Dash	Light Green	800	899	100/1.0

Important Information

- 1. If water temp exceeds 22deg. wet suits are not permitted in TRI NZ events (shown above in red ie Aquathlon and Aquabike)**
2. There will be male (first) & female wave starts 3-5min apart for all races. Teams 3-5min after females.
3. Splash & Dash under 7yr old wave first followed by 8ys.
4. The Aquabike finish and timing will be at the mount/dismount line.
5. Bike Racking for Std. & AquaBike Sunday 6:00am>7:45am, all other races 8:45am>9:30am. No bike raking on Saturday.
6. Briefings 15min before race start. Attendance is compulsory and held at the swim start.
7. All participants must register to receive their race pack.
8. Registration and race pack pick up on Saturday is at the Residents Hall in the Kinloch Domain please refer to the maps. We encourage you all to register Saturday.
9. On Sunday any late registrations will be at the transition area Porta-Cabin.
10. If you are wearing a wetsuit, you MUST bring it to be checked before registration. You will not be able to register if you do not have proof of your wetsuit being checked (see wet suit cleaning instructions below).
11. As an event we are encouraging recycling and ask you to bring your own swim cap. If you do not have a swim cap, one will be supplied.

Registration Times

Saturday Feb 15th 2025 (In Domain Hall)

1.30pm-5pm All events (Racing for Aquathlon will start approx. 3:30pm please do not be late)

Sunday Feb 16th 2025 (In transition area PortaCabin)

6am – 7.00am Standard (Erin Baker) Tri / Aquabike

6am – 8.30am Sprint Tri

6am – 10.00am Youth & Try-a-tri

6am – 10.00am Splash & Dash

6am – 08.00am Open Water Swim(s)

Bike racking on Sunday only.

Bike Racking Times	Open	Close
Standard, Aquabike	6:00	7:45
Sprint, Youth, Try-A-Tri	8:45	9:30

Can someone still enter? Yes! Come and see us at registration, note times above and you must have a <https://mygameday.app/login/> account.

General Notes:

1. Familiarise yourself with the course and turn around points. Check out the course maps online and on the notice board panels. Please make sure you are familiar with transition open and close times and your race start time.
2. Your bike needs to be in good working order and be safe to ride. The safety of your bike is your responsibility. It is recommended that you have your bike and helmet checked prior to the event to ensure everything is in good working order and that there are no cracks in your helmet. Please have your helmet on when you check into transition.
3. Bikes must be racked in the same position you took it from. You must have your helmet on and secured before you un-rack your bike. Helmets cannot be unclipped until your bike is racked at the end of the cycle leg. Always obey the marshals instructions.
4. There is no bike racking on Saturday.
5. If in trouble during the swim, please raise your arm. Experienced surf lifesavers will be on the swim course to assist you.
6. We recommend you wet your face before your swim to familiarise with the water temperature.
7. There will be separate male and female swim starts (Approx. 3-5 min. apart).
8. Although we don't like to think of the worst-case scenario it is important should anything happen during the race, we can quickly identify who you are, if you have any medical conditions and have immediate access your emergency contact details. The back of your race number has space for this information. Please take the time to complete this before racing. Also, please let the race team know at registration if you have any serious medical conditions.
9. If you are a member of a team, please ensure you share this race information with your team members.
10. There will be a team tag place in transition.
11. After your race, make sure you stay around and support athletes competing in the other races during the day, there will be some great action and some fierce battles to watch, along with some awesome spot prizes to be won.
12. We have parking restrictions in place around Kinloch and all participants must use the car park that is provided for the event. Any other vehicles parked in private car parking or outside the car parking provided will be subject to being towed. The car park for the event is in the Kinloch Domain on Mata Place and will be well sign posted on Saturday and Sunday.

13. All events except for the “Sprint Triathlon” are non-drafting races, and therefore the Tri NZ draft illegal rules apply to the event, including bike equipment. This means that Time Trial bikes, aerobars and disc wheels are allowed, but during the Sprint draft legal races you WILL NOT be allowed to use your aero bars. There will be motor bike marshals on the course checking for drafting. Note: All events will be run under Tri NZ rules, see table below.

Bike Rules	Drafting	TT Bike	Road Bike	Aero Bars Use (bars may be attached)
Standard Triathlon	No	Yes	Yes	Yes
Aquabike	No	Yes	Yes	Yes
Sprint Triathlon	Yes	Yes	Yes	No
Youth Tri	No	Yes	Yes	Yes
Try-A-Tri	No	Yes	Yes	Yes

14. This is a small venue with only two roads in and out. When you are walking from the car parking, please ensure that you use the footpath and take care crossing the road. NOTE: Transition and the swim start are located on the beach area across from the Shops.

15. Kinloch is a very popular holiday location and especially with boaties. If you wish to warm up or practice, please swim to the west of the swim courses (I.E. west of the raft) and ensure that you wear a brightly coloured cap, so you can be seen.

16. If you are on the bike course, please ensure that you always keep left and ride single file on the roads. You must always wear your helmet and be aware of other road users and residents.

17. On the day the event village will be buzzing! Our family of sponsors will be on site with a variety of activities so come and check them out. There is shop right across the road from transition.

18. The races will be conducted under Tri NZ Rules. Here is a link to the rules on the Tri NZ website: <https://triathlon.kiwi/wp-content/uploads/2023/09/Tri-NZ-Competition-Rules-June-2023.pdf>

Race Numbers and Transponders

Participants will receive their race numbers in the race packs at registration – For the Triathlon Events there are a total of 4 numbers.

1. The largest one gets pinned to the FRONT of your race top. Or placed on a race belt
2. You must wear this number on the front for the run, it is optional for the cycle.
3. The long rectangular sticker gets wrapped around your seat post with your number sticking out the back - like a flag.
4. The small rectangular sticker is for your bike helmet - please display on the front of your helmet.
5. There is a further small rectangular sticker for your bag. Please attach to your bag before taking to bag drop.

6. Timing will be kept via transponders. The transponder is to be worn around either ankle. If you are competing as an "individual" you will need to wear the transponder for the whole race. If you are in a team, your team will receive one transponder for the team. This will need to be passed from one team member to the next during the transition- like a baton in a relay race. The transponder must complete the whole course.

Prize Giving

1. Every 10th finisher will receive a \$10 voucher on the finish line that can be redeemed (on Sunday only) at the Kinloch shop, no change given.
2. All finishers will receive a fresh Lake Taupo chocolate fish!! On the finish line.
3. All finishers will receive a Kinloch Festival medal
4. The prizegiving will be at 1:15pm by the #Love Taupo sign. Have your race number with you, if you are called up for a spot prize, you'll need to show your number. There will be a selection of prizes including place finishers, special prizes and spot prizes. You need to stick around to be in to win.

Course Familiarization

If this is your first triathlon, transition can seem a little confusing. Some athletes like to lay their gear out a specific way for a fast transition, while first timers wonder what they should be doing with all their gear, and where to put their bike. Whether you are a first-timer, or a more experienced triathlete, it always helps to familiarize yourself with all parts of the course at the time you register. **The 2025 bike course has been changed from the 2024 event, please refer to bike map on the events website.**

Here are a few more tips for a stress-free transition:

1. Pack the night before so you don't forget anything and make it all fit in one bag. Lay out only items you will need for the bike & run, including nutrition, and in the order, you will use them - place your bike shoes, helmet & sunglasses at the front, and run shoes & cap at the back.
2. Apply talcum powder to your shoes as this helps keep your feet dry and minimizes the chance of blisters.
3. And don't forget to remove your bag from transition and take it to the bag drop!

BIOSECURITY ALERT - CHECK CLEAN DRY has changed due to the new invasive freshwater clam in the Waikato River. Whenever you move between lakes rivers or estuaries in the North Island you must use the new Clam specific Check Clean Dry(CCD).

Tūwharetoa Maori Trust Board and the Department of Conservation require all competitors to check, clean and dry all swimming equipment prior to training and competing Lake Taupo. This is to protect the water quality of The Great Lake Taupo Region from invasive freshwater threats (such as Freshwater gold clam- *Corbicula fluminea*, didymo & hornwort)

For our event we are asking that all competitors follow the following guidance and Check/Clean and Dry method.

The following information will be displayed at our registration. Our registration team will ensure all swimmers are aware of the CCD procedure.

- All competitors, who intend to wear a wetsuit for the race, must bring your wetsuit to registration to be checked prior to registering and entering lake Taupo even for a practice swim – this is so we can check your wetsuit whilst it is dry. If you don't bring your wetsuit you will be asked to go and get it
- If you are racing on Sunday, please try to register and have your wetsuit checked on Saturday, this will avoid any inconvenience on Sunday.

How to CCD (Check Clean Dry)

CHECK: Your wetsuit and all your swim equipment, remove any visible matter such as weed or algae

CLEAN: Wetsuit and swim equipment: Hose your wetsuit inside and out onto grass area not a stormwater drain. Use one of the following treatments before entering Lake Taupo for training/competing. Hot water between 50–54°C (hot household tap-water) for at least 5 minutes, or Above 45°C for at least 20 minutes. Or freeze overnight.

DRY Allow gear to dry to touch, inside and out, then leave it to dry for at least 48 hours (2 days) before using again.

For more information about CCD: www.biosecurity.govt.nz/clam

Contact CCD team on +64 274516985 or email blawson@doc.govt.nz

Many thanks for your understanding and co-operation with this important matter.



SEVEN OAKS



Kefi



COMMUNITY SPONSORS



**Remember, without these generous sponsors we would not have an event.
Please support them in any way possible**

2025 KINLOCH TRI - SWIM COURSES

Saturday

Aquathlon - Green course U19 (500m)
& Age Group x 2 laps (1km)

Aquathlon - Red course U16 (250m)

Sunday

1x lap White course for Sprint (750m)

2x laps White course for Erin Baker &
AquaBike (1.5km)

1x, 2x or 4x laps White course for Open
water swim (750m/1.5km/3.0km)

Splash & Dash - Red course
(100m) parallel to beach

U16 Tri Series Try-A-Tri
- Red course (300m)

LARGE TURN BUOY

Besides white buoy Sat & Sun

RAFT

TRANSITION

PERMANENT
WHITE BUOYS

LARGE TURN BUOY

Saturday only

PERMANENT RED
& WHITE BUOY

LARGE TURN BUOY

Sunday only

SEVEN OAKS

NOT TO SCALE



2025 KINLOCH TRI - BIKE COURSES

Standard Distance and Aquabike
4 x 10km = 40km
- Red course
Sprint 2 x 10km = 20km
- Red course

SEVEN OAKS

OAKDALE

TOP OF HILL

MONTGOMERY

SEVEN OAKS DRIVE

OKAIA

LISLAND

LISLAND

Youth & Try-A-Tri Events
(2x 5km = 10km)
- Yellow course

TRANSITION



2025 KINLOCH TRI - RUN COURSES

Standard & Aquabike - 4 x 2.5km = 10km
Sprint Races - 2 x 2.5km = 5km
Youth & Try-A-Tri - 1 x 2.5km = 2.5km

**BIKE COURSE
SEE OTHER MAPS**

Aquathlon Saturday
(all on grass) - U16 & U19 2 x
1.25km laps = 2.5km
Age Group 4 x 1.25km laps
= 5km

Splash & Dash = 1 x 1km lap
(All on Grass)

SEVEN OAKS

EVENT PARKING

REGISTRATION

SHOPS

TRANSITION

**ACCESS ROUTE
TO PARKING**

Kinloch
Golf Course

Kinloch
Domain



2025 TRANSITION, REGISTRATION & PARKING



2025 – Race Timing Schedule

