

2025 KINLOCH TRI - SWIM COURSES

Saturday

Aquathlon - Green course U19 (500m)
& Age Group x 2 laps (1km)

Aquathlon - Red course U16 (250m)

Sunday

1x lap White course for Sprint (750m)

2x laps White course for Erin Baker & AquaBike (1.5km)

1x, 2x or 4x laps White course for Open water swim (750m/1.5km/3.0km)

Splash & Dash - Red course (100m) parallel to beach

U16 Tri Series Try-A-Tri

- Red course (300m)

LARGE TURN BUOY

Besides white buoy Sat & Sun

RAFT

TRANSITION

PERMANENT
WHITE BUOYS

LARGE TURN BUOY

Saturday only

PERMANENT RED
& WHITE BUOY

LARGE TURN BUOY

Sunday only

SEVEN OAKS

NOT TO SCALE



2025 KINLOCH TRI - BIKE COURSES

Standard Distance and Aquabike
4 x 10km = 40km
- Red course
Sprint 2 x 10km = 20km
- Red course

SEVEN OAKS

TOP OF HILL

MONTGOMERY

SEVEN OAKS DRIVE

OKAIA

LISLAND

LISLAND

Youth & Try-A-Tri Events
(2x 5km = 10km)
- Yellow course

TRANSITION

OAKDALE

2025 KINLOCH TRI - RUN COURSES

Standard & Aquabike - 4 x 2.5km = 10km
Sprint Races - 2 x 2.5km = 5km
Youth & Try-A-Tri - 1 x 2.5km = 2.5km

BIKE COURSE
SEE OTHER MAPS

Aquathlon Saturday
(all on grass) - U16 & U19 2 x
1.25km laps = 2.5km
Age Group 4 x 1.25km laps
= 5km

Splash & Dash = 1 x 1km lap
(All on Grass)

EVENT PARKING

REGISTRATION

SHOPS

TRANSITION

ACCESS ROUTE
TO PARKING

SEVEN OAKS



2025 TRANSITION, REGISTRATION & PARKING

RUNS: OUT & BACK
AQUATHLON, SPLASH & DASH

REGISTRATION
SATURDAY
AT KINLOCH HALL
& PARKING

WATER STOP

SHOPS

BIKE LAP TURN

RUN LAP TURN

NO VEHICLE
ACCESS ON
SUNDAY

U16 AQUATHLON,
SPLASH & DASH,
TRY-A-TRI SWIM
- Along Beach

RUN LAST LAP
TO FINISH

MOUNT &
DISMOUNT

TOILETS

REGISTRATION
SUNDAY

TRANSITION

BIKE EXIT &
RETURN

PRIZE GIVING

SWIM ENTRY

FINISH

RUN EXIT

EVACUATION POINT

SWIM START &
FINISH FOR SWIMS
COURSES 500M
AND LONGER

MEDICAL
TENT

SEVEN OAKS

