

2024 KINLOCH TRI - SWIM COURSES

Saturday

Aquathlon - Green course U19 (500m)
& Age Group x 2 laps (1km)

Aquathlon - Red course U16 (250m)

Sunday

1x lap White course for Sprint (750m)

2x laps White course for Erin Baker & AquaBike (1.5km)

1x, 2x or 4x laps White course for Open water swim (750m/1.5km/3.0km)

Splash & Dash - Red course (100m) parallel to beach

U16 Tri Series Try-A-Tri

- Red course (300m)

LARGE TURN BUOY

Besides white buoy Sat & Sun

RAFT

TRANSITION

PERMANENT WHITE BUOYS

LARGE TURN BUOY

Saturday only

PERMANENT RED & WHITE BUOY

LARGE TURN BUOY

Sunday only

SEVEN OAKS

NOT TO SCALE



2024 KINLOCH TRI - BIKE COURSES

Standard Distance and Aquabike
4 x 10km = 40km
- Red course + Blue course on map

All Sprint Triathlon events
3 x 6.67km = 20km
- Red course on map

Youth & Try-A-Tri Events
(2x 5km = 10km) turn at the end of
Lisland Dr (marked in yellow).
These events DO NOT go up Okaia Dr.



SEVEN OAKS

TRANSITION

2024 KINLOCH TRI - RUN COURSES

Standard & Aquabike - 4 x 2.5km = 10km
Sprint Races - 2 x 2.5km = 5km
Youth & Try-A-Tri - 1 x 2.5km = 2.5km

**BIKE COURSE
SEE OTHER MAPS**

Aquathlon Saturday
(all on grass) - U16 & U19 2 x
1.25km laps = 2.5km
Age Group 4 x 1.25km laps
= 5km

Splash & Dash = 1 x 1km lap
(All on Grass)

SEVEN OAKS



EVENT PARKING

REGISTRATION

SHOPS

TRANSITION

ACCESS ROUTE
TO PARKING

2024 TRANSITION, REGISTRATION & PARKING

RUNS: OUT & BACK
AQUATHLON, SPLASH & DASH

WATER STOP

BIKE LAP TURN

SHOPS

REGISTRATION SATURDAY
(KINLOCH HALL)
& PARKING

U16 AQUATHLON,
SPLASH & DASH,
TRY-A-TRI SWIM

RUN LAP TURN

MOUNT & DISMOUNT

REGISTRATION
SUNDAY

RUN EXIT

TOILETS

TRANSITION

SWIM START/FINISH
FOR ALL EVENTS
WITH SWIM
COURSES 500M OR
LONGER AND ALL
OPEN WATER
SWIMS.

FINISH

BIKE EXIT & RETURN

EVACUATION POINT

MEDICAL
TENT

PRIZE GIVING

SEVEN OAKS

